



英 國 長 生 學

LONGEVITOLOGY UK
141 Popes Lane, London W5 4ND
longevity.org.uk

2026 Beginner & Intermediate Course Registration – LONDON

2026 年初、中級班學員報名表 - 倫敦

(22nd ~23rd & 29th ~30th August 2026 ★★★ 2026 年 8 月 22~23 及 29~30 日)

Surname / 姓氏: _____ First Name / 名字: _____

Chinese Name / 中文姓名 (If applicable): _____

Gender / 性別: Male / 男 Female / 女 Non-binary / 非二元性別 Not disclosed / 不作答

Year of birth / 出生年份: _____ Occupation / 職業: _____

Address / 地址: _____

Postcode / 郵編: _____ Mobile no (WhatsApp no.) / 手提電話: _____

E-mail address / 電郵: _____

Is this the first time you have attended any Longevity course? 閣下是第一次參加長生學課程嗎? Yes 是 No 否


If no, please state the student number/ 若否, 學員號: _____

Note: All the above fields are mandatory except occupation and e-mail address.

註: 上述除職業與電郵外其餘均屬必填資料。

Translation (if necessary) / 翻譯: English / 英語 Cantonese / 廣東話

Textbook language / 課本: English / 英文 Chinese / 中文

- This course is free of charge. The £20 collected covers textbooks and essential materials (non-refundable).
本課程免費, 收取£20 僅用於書本及必要教材費 (恕不退還)。
- Voluntary contributions are welcome to support venue hire and teachers' travel expenses.
歡迎隨緣贊助, 用於場地及老師的交通費用。
- Full attendance and punctuality are required.
請準時出席全部課程。
- Only registered students may attend.
僅限報名學員入場。
- For safety reasons, children under 14 are not permitted.
基於安全考量, 14 歲以下兒童恕不開放入場。
- The course will be conducted in Mandarin. Translation devices are available with a £20 refundable deposit.
本課程以普通話授課, 如需翻譯機, 當日需繳交£20 按金 (課後退還)。
- Scan the QR code on the right to access the online registration form.
掃描右方二維碼前往線上報名表格。 
- Photos and videos may be taken for Longevity UK promotional use.
課程期間將進行拍照及錄影, 僅供長生學英國推廣使用。
- Unless otherwise notified, you consent to be contacted using the details provided.
除非另行通知, 即表示同意英國長生學使用所提供資料與您聯絡。



簽名 / Signature: _____ 日期 / Date: _____

REGISTRATION 報名程序

(Beginner/Intermediate 初、中級班)

Please submit the completed application form(s), plus a self-addressed stamped envelope to any of our approved adjustment centres, or send by mail to: **Longevity UK, 141 Popes Lane, London W5 4ND.**
請把報名表格，連同一個回郵信封，遞交至任何受認可的調理站，或郵寄至 **Longevity UK, 141 Popes Lane, London W5 4ND.**

Payment methods 付款方式: -

1. Cash: at approved centres to **Barbara, Mrs Teoh, Tasha, or Sylvia.**
現金可交由以下代表轉交: 芭芭拉(會長)、張太太、Tasha 或 Sylvia.
2. Via bank transfer: **Longevity UK, A/C number 62710765, sort code: 401608**
銀行轉賬至: **Longevity UK, 賬號 62710765, 分行編號 401608**

LESSON DATES AND TIME 課程日期與時間

Please note that students must complete all 4 days' lessons for proof of completion.

敬請留意，學員必須完成四天課程，才可獲取完成證明。

Beginner/Intermediate 初、中級班	22 ~ 23 August 2026, Saturday & Sunday 2026年8月22及23日，星期六、日	10:30 am – 3:30 pm 上午十時半至下午三時半
	29 ~ 30 August 2026, Saturday & Sunday 2026年8月29及30日，星期六、日	

VENUE 上課地點

Trinity (Methodist) Church:

90 Hodford Road (Entrance / 入口: Rodborough Road) Golders Green, London NW11 8EG

After receiving your registration form(s) and payment, we will send you a confirmation letter bearing your student number. To ensure smooth and speedy admission on day one, please bring the confirmation letter when attending the course. Thank you very much. We look forward to welcoming you to the course!
在收到您的報名表格與報名費後，我們將給您郵寄附上您的學員號的確認信函。為確保上課第一天時能迅速並順暢地進行登記，請攜帶此確認信函到場。非常感謝。我們約定您到時見！

Teachers' Appreciation Celebration & Buffet / 謝師宴及自助餐

A special gathering to connect, celebrate our learning journey, and express our heartfelt gratitude.
一場特別的相聚，彼此交流、慶祝學習旅程，並表達對老師的感恩。

As this is the first time we are organising this special gathering, we warmly invite you to join us in thanking our teacher, celebrating our learning journey, and enjoying time with fellow students.

由於這是我們第一次舉辦這樣的聚會，我們誠摯邀請大家一同感謝老師、慶祝學習成果，並與同學們交流相聚。

This buffet is also a fundraising event to support future educational programmes and centre operations.
本餐會同時為募款活動，將支持未來課程發展及中心運作。

Buffet Ticket / 自助餐票: £25 per person / 每位 £25

Buffet Time / 自助餐時間: 5:00 pm – 7:00 pm / 下午 5:00 – 晚上 7:00

Buffet Venue / 自助餐地點: Trinity Methodist Church (same venue as the course / 與上課地點相同)

Please indicate your choice / 請選擇:

Yes, I would like to attend the Teachers' Appreciation Buffet.

我願意參加謝師宴自助餐。

No, I will attend the course only.

不，我只會參加課程。